S G S Arts College Department of Botany Seminar by Guest Lecturers

Academic Year-2016-2017

Invitation Letter

From
Smt.P.Bharathi,
HOD Of Botany,
SGS Arts College,
Tirupathi.
To
The Professor K.Madhava chetty,
S V University,
Tirupathi.

Respected sir,

Sub-To attend the seminor to our students-Topic on MEDICINAL PLANTS.

I am here with requesting you to attend seminor on medicinal plants in health grounds. For our students for their educational enlightment.

I am here with with again requesting you to provide us your convinent date for the seminor by that make our arrangements to attend the seminor .we will be waiting for your reply with date and time we will be very much thankful for you.

Thanking you sir,

Yours faifthfully,

P.BL.

Permission letter

From
Smt.P.Bharathi,
HOD of Botany,
S G S Arts College,
Tirupathi.
To
The Principal,
S G S Arts college,
Tirupathi.

Respected Madam,

Sub- This is to bring for your kind information that the department of botany is planning to conduct a seminor on MEDICINAL PLANTS IN HEALTH GROUNDS by the professor Dr.K.MADHAVA CHETTY(Botany) S V University, Tirupathi.

So kindly permit us to conduct the seminor on 07-02-2016

Thanking you madam,

Yours faifthfully,

P.BL.

HOD Botany

*DEPARTMENT OF BOTANY CONDUCTED SEMINORS ON MEDICINAL PLANTS IN HUMAN LIFE BY THE PROFFESER K.MADHAVA CHETTY(BOTANY) S.V UNIVERSITY TIRUPATI ON 07-02-2016



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S.G.S ARTS COLLEGE, TTD, TIRUPATI DEPARTMENT OF BOTANY

Seminar organized by Dept of BOTANY on 07-02-2016

Name of the Guest: Dr K.Madhava Cherry,

Asst Professor,

S.V University,

Tirupati.

Topic. : Medicinal Plants used to cure jaundice.

Jaundice. : Enlargement of liver.

1. Botanical name. : Phyllanthus amarus Schum. & Thonn

Vernacular name. : Nela usiri

Family. : Phyllanthaceae

Mode of usage : Entire leaf and fruit is make into paste with pepper

and one piece of garlic. Oral administration of this

paste early in the morning for five days cure

jaundice efficiently.

2. Botanical name : Eclipta alba (L.) Hassk.

Vernacular name. : Guntagalagara

Sanskrit. :. Bringaraj

Family. :. Asteraceae

Mode of usage :. Paste of the leaf used for liver disorders. It

nullifies the jaundice.

3. Botanical name. : Boerhavia diffusa L.

Vernacular name :. Atika mamidi, Punarnava

Family. :. Nictaginaceae

Mode of usage : One spoon of whole plant leaf and root dried

powder is taken for fifteen days will cures

jaundice and viral fever also.

4. Botanical name : Cichorium intybus L

Vernacular name. :. chicory

Family. : Asteraceae

Mode of usage. : Plant juice is usef for cancer of the uterus and

tumors. Leaves, stems, and roots are made into

a tea for jaundice and chicory syrup is used

for purifying

medicine for infants leaf paste is used for wound

healing. Decoction is made by adding cold water

to the plant material which is then boiled and

allowed to simmer for 5-10 min after which it is

strained.

5. Botanical name. :. Tinospora Cordifolia (Thunb.) Miers

Vernacular name. : Ambervel, Amrita, Gilo, Giloe, Guduchi, Tinospora,

Gulvel, Hear-Leaved Moonseed,

Family. :. Menispermaceae

Mode of usage. :. Allergies (hay fever). Plant extract decrease

sneezing and nasal itching, discharge, and stuffy

nose after about 2 months of treatment.

Diabetes. High cholesterol, Upset stomach. Gout,

Cancer, including

lymphoma, Rheumatoid arthritis, Liver disease,

Stomach ulcer, Fever, allergy, Gonorrhea, Syphilis.

To counteract a suppressed immune system.

6.Botanical name. :. Salix alba L.

Vernacular name. :. white willow

Family. :. Salicaceae

Mode of usage. :. Willow bark could ease aches, pains and reduce

fevers including malarial fever.

The bark is macerated in ethanol to produce a ti.

7. Rotanical name : Rauvolfia serpentina (L.) Benth. ex Kurz

Vernacular name. :. Indian snakeroot, devil pepper, or serpentine wood.

Family. :. Apocynaceae

:. It is used for convulsions, fever, weakness, inability to Mode of usage.

sleep, mental disorders, pain, arthritis, cancer, high blood

pressure, diabetes, and health of the stomach, intestines,

vomiting. Rauvolfia vomitoria is applied to the skin to

and liver. It is also used to promote sleepiness and

cure

snake bites, skin infections, and swelling.

8. Botanical name. : Berberis vulgaris L.

Vernacular name. :. Barberry

:. Berberidaceae Family.

Mode of usage. : Berberis vulgaris is used to treat fever, cough, liver

disease, depression, hyperlipidemia, hyperglycemia and

bleeding.

9. Botanical name. :. Emblica officinalis Gaertn.

Vernacular name. :. Usiri, Indian gooseberry

: Phyllanthaceae Family.

Mode of usage

enhances

: It is good for eyes, hair, aphrodisiac, anti-aging,

taste etc. Dose for internal use is 3-6 g of drug powder and 5-10 ml of fresh juice. Amla possesses an anti-diabetic, hypolipedemic, anti-microbial, anti-inflammatory, antioxidant, anti aging, aphrodisiac, hepatoprotective and

anti-emetic activities. Consumption of 1 or 2 fresh fruits

daily enhances immunity and provides rejuvenating effect 5-10ml fresh juice of Amla mixed with sugar can be taken in bleeding disorders. 5-10ml fresh juice of Amla mixed with a pinch of turmeric powder and taken empty stomach is beneficial in Diabetic patients. 3-6 g of Amla churna mixed with honey helps in restoration of vision. External application of Amla paste on scalp promotes health and lustre of hair. Besides medicinal uses, Amla fruit is eaten raw and cooked into various dishes and it acts as herbal food supplement. External layer of the seed is mixed with 4 times of water and cooked well. After cooling pepper, elaichi, karpura churna are added and mixed well. It improves taste, nourishment and digestion and also pacifies thirst, giddiness and tiredness. Fruit juice with jaggery/sugar syrup, Jeera and pepper powder pacifies excessive thirst, burning sensation and other Pitta related disorders. Cook buttermilk with Amla and spices like Jeera, pepper etc in an earthen vessel. When the buttermilk is reduced to half, add required amount of salt. It improves digestion.

10. Botanical name.

:. Aloe vera (L.) Burm.f.

Vernacular name.

:. True aloe

Family.

: Asphodelaceae

Mode of usage.

:. Aloe has been used for skin conditions. It improves baldness and promote wound healing. Aloe is promoted for acne, lichen planus (a very itchy rash on the skin or in the mouth), oral submucous fibrosis, burning mouth syndrome, burns, and radiation-induced skin toxicity.

Oral

use of aloe is promoted for weight loss, diabetes, hepatitis, and inflammatory bowel disease.